RUNNING HEAD: Descriptive Essay: A FOREST

Descriptive Essay

Forests

Student's Name

Educational Institution

Forests

Introduction

A forest can be termed as an area that is dominated by trees as well as other woody plants. The world consists of different forests that range from the tropical forests to the so-called dense sub-polar taiga. Many organisms exist in these forests, such as various animal species and different plant species. A forest can be termed as a complex, ever-changing environment that is composed of many living things such as wildlife, trees, ferns, lichens, microscopic organisms, mosses, windflowers, as well as non-living organisms. Trees constitute the biggest percentage of the complex community referred to as the forest.

Forests may be of different types. There are tropical rain forests, boreal forests, Carolinian forests, temperate rain forests, and mangrove forests, among others. In Canada for instance, eight regions of different forests include: boreal, deciduous, Acadian forest, Montane, coast, subalpine, Columbia, as well Great Lakes or the St. Lawrence regions. Forests can be natural or manmade. Natural forests are those that consist of indigenous trees that grow on their own. On the other hand, artificial or manmade forests are those forests that are established by people who plant seedlings in a place of land. Such seedlings are used for reforestation. Therefore, it is important for forests to be well maintained if people want to live in a good, conducive environment.

For many, the forests provide beautiful scenery and a home to many animal and bird species. Much of the wildlife that forms the tourist attraction sites of the world have its abode in the forests. People love to visit the forest to see different plants as well as animal species. They are excited by the humming sounds of birds in the forests and the whole experience of being in a different place away from their home where they get to interact with nature. Forests play a vital role in human lives. Many forests form the water catchment areas, and they are a source of food, as the trees do provide nutritious fruits that many people enjoy eating. The forest also is where herbalists can procure many species of

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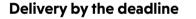
the medicinal plants that are used to make herbal medicines. The forests are the best places to breathe fresh air, as the trees purify the air and cool the hot days, conserving heart during the cold nights. Trees affect the relative humidity as well as the precipitation through transpiration in a given area. Many people enjoy going into the forests to relax as they see the wonderful nature that embraces them, giving them a warm welcome that calms their nerves while providing relaxation to those who visit the forests.

Trees in the forests help create a sound environment for the animals that inhabit the forests. The canopy that the plants provide lessens the raindrops' impact on soil, thus minimizing soil erosion. This helps the soil to remain fertile, enabling the soil to support the life of different organisms in the forest. The decomposition of dead plants and animals in the forest forms humus or organic matter that is important in providing nutrients to the plants.



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